

















AREA CRICKET PROGRAMME

Match Day Standards

These are the standards and behaviour we expect from Area Programme Players, Coaches and Managers present during matches and festivals.

- Arrive 1hr prior to the start of the game.
 - o Arrive in training gear / ready to play.
- Run a pre-game warm up routine see example of a typical County pre-match prep, this should become the minimum standard.
- During the teams batting innings there will always be at least 5 players watching the game from the 'Team Seats' at all times.
- Update the scoreboard after every over.
- Always support your teammates, while batting and fielding.
- During the Fielding innings:
 - o Always respect the Captains decision.
 - o Throw the ball back to the keeper after every ball (with intensity).
 - Look after the cricket ball.
 - o Everyone to contribute to the atmosphere and energy in the field.
 - Have Fun!!!
- After the game spend 10/15 minutes on stretching / cool down and having a team debrief.
- Respect our venue and surroundings at the end of the game whole team to make sure all rubbish is in the bin and changing room is clean and tidy.