FOUNDATION

ECB Core Coach

This programme has been designed to give learners the knowledge, skills, and confidence to lead player-centred coaching sessions.

ECB Core Coach is an entry point for new coaches in cricket - you do not have to complete the ECB Foundation Coach course beforehand, however the Foundation course is hugely beneficial, particularly if you have no experience of coaching or dealing with groups of players.

An ECB Core Coach will be qualified to lead coaching sessions independently and without supervision.

The Core Coach Course will give you skills to design and plan activities with the players needs at heart and develop your knowledge of the Core Principles of technique. It is ideal for those wishing to progress their coaching from the Foundation Course, those with previous experience of coaching (as a player or coach), volunteers looking to coach players 11+, or those interested in coaching as a potential career option.

The programme will consist of 8 modules in total; each has face to face and online elements completed through ECB e-Learning.

Content

- Role of an ECB Core Coach
- iCoachCricket
- Player-centred planning process
- Player development
- Core principles – batting, bowling (pace and spin), fielding and wicketkeeping.
- Tactical, physical, and mental skills
- Coaching tools
- Practice types.
- Safety
- Differentiation

Learners are assessed at the start of the programme. Then once they have attended the face-to-face elements must arrange their final observation. This can be done in their own environment with their own players, at another local club or at an arranged time and date by Kent Cricket Foundation.

Learners must also complete an online multiple-choice assessment and three short answer questions through e-learning.

Pre-Requisites for Certification (these are not required before attending the course):

- A current ECB DBS (or DBS check for non-UK residents)
- ECB Safeguarding Level 2 certificate.

An Emergency First Aid certificate is not required but highly recommended.

Minimum Age:

17 to attend course (on first day of course), certificate provided once candidate is 18. Learners are not qualified or able to coach independently until they are 18.

Commitment:

7 x 3-hour face-to-face modules (normally delivered as 4 full days) and accompanying e-learning (15 mins per module)

Cost:

£400.00 per candidate

Certification:

Certificates are issued by the 1st4Sport upon completion of the pre-requisites, attendance at all face-to-face modules, showing competence during coaching observations and passing Multiple-Choice Questionnaire (part of e-Learning)

For more information, please contact Foundation Admin.