

## **ECB Foundation Coach**

This programme has been designed to give learners the knowledge, skills and confidence to coach cricket sessions that are active, purposeful, enjoyable, and safe.

ECB Foundation Coach will become the first entry point for 'coach status' in cricket.

An ECB Foundation Coach will be qualified to lead coaching sessions independently and without supervision.

The Foundation Course is ideal for those looking to coach at clubs and schools for younger children (under 11) and is also a great first step for anyone looking to become a coach, it will give you the foundations to develop further as a coach. The course covers the basics of 'technique' and how to coach skills enabling you to run fun sessions and develop players.

## ECB Course Comparison Guide- Click here.

The programme consists of eleven modules in total; seven bite sized e-Learning modules are integrated with four face-to-face modules.

## Content

- Role of an ECB Foundation Coach
- What does coaching look like?
- iCoachCricket
- Coaching fielding, bowling, and batting
- · Foundation principles fielding, bowling, and batting
- Coaching tools
- Purposeful sessions
- Safe sessions
- Active sessions
- Enjoyable sessions
- Differentiation e-Learning module

There are three observed coaching sessions and an online multiple-choice questionnaire that support the learner in meeting all the assessment criteria. Each observation carries equal weighting and there is no single final assessment.

Pre-Requisites: A current ECB DBS (or overseas equivalent) and ECB Safeguarding for Coaches and Activators certificate. An Emergency First Aid



certificate is highly recommended (these are not required before attending the course).

Minimum Age: 17 to attend course (must be 17 on first day of the course), certificate provided once candidate is 18. Learners are not qualified or able to coach independently until they are 18.

Commitment: 7 online modules (approx. 10-15 mins each), 4 x 3-hour face-to-face modules (normally delivered as 2 full days or 4 evenings)

Cost: £150.00 per candidate

Certification: Certificates are issued by the 1<sup>st</sup>4Sport upon completion of the pre-requisites, attendance at modules 5,6,10 and 11, showing competence during coaching observations and passing Multiple-Choice Questionnaire (part of e-Learning)

For more information, please contact Community Admin.