## Kent Girls U11 Cricket

Here, you will find some information that will support you in having an enjoyable experience as part of the Kent Girls U11 team!

How many players in a squad?

This can vary but (dependant on the number of squads) each squad can have approx. 14 players

How many games will we play? Each squad will play a minimum of 15 fixtures. This includes 12 x friendly/ competitive matches, plus a Summer festival

What kit do we need?

- Training top
- · Playing top
- Trousers
- · Cap

What kind of shoes we will need to wear?

- Indoor: Trainers Or Astros with good grip
- Outdoor: Cricket shoes with spikes

Will it be hardball?

Some of the later trials, most of winter training, fixtures will involve hardball. You will be protected with gear

Are there specialist coaches?
We have a team of coaches with a variety of different expertise that cover batting, spin, bowling, wicket keeping, strength and conditioning

Is there anyone I can talk to about my worries?

- You can talk to your squad, coaches, Siobhan, the pathway safeguarding officer, or Bridget, the county safeguarding office
- · Details are on the Kent cricket website

What refreshments are there? Do we bring our own?

· Yes, you will need to bring your own refreshments

Hear from the 2021-22 Kent Girls U11 team members on what they have learnt-

- · To face your fears in cricket
- · To play to your strengths
- Improve on your areas of development
- And most, important, Have FUN!!

You can look forward to celebrating milestones, making a lot of new friends and playing a lot of cricket!

Helmet





Equipment

Bat

Gloves

Leg pads

Don't worry, you will be Awesome!!

